



Useful Contacts

Crisis Response

St Vincent's Hospital Psychiatric Triage T: 1300 558 862

Psychiatric triage provides advice and screening assessment for all new referrals to the service on a 24 hour, 7 days a week basis for the Cities of Yarra and Boroondara.

Austin Hospital Psychiatric Triage T: 1300 859 789

Psychiatric triage provides advice and screening assessment for people who live in the City of Banyule or Shire of Nillumbik. Anyone can refer.

State Wide Services

Mental Health Services in Victoria <http://www.health.vic.gov.au/mentalhealthservices/>

DACAS (The Victorian Drug and Alcohol Clinical Advisory Service)

<https://www.dacas.org.au/> T: 1800 812 804

The Victorian Drug and Alcohol Clinical Advisory Service (DACAS) is a specialist 24 hour telephone consultancy service that is free of charge for health and welfare professionals.

PAMS (Pharmacotherapy Advocacy Mediation Support)

<https://www.hrvic.org.au/pams> T: 1800 443 844

Telephone-based information, support, advocacy, referral and mediation for opiate pharmacotherapy consumers and their direct service providers.

Direct Line

<https://www.directline.org.au/> T: 1800 888 236

24 hour information line for patients, families and clinicians. Referral line for services, as well as 24-hr counselling and advice.

SHARC (Self Help Addiction Resource Centre) / Family Drug Help

<https://www.sharc.org.au/> T: 1300 660068 24 hr

Practical help, information and support to families and friends affected by someone's drinking, drug use or gambling.

Harm Reduction Victoria <https://www.hrvic.org.au>

Health promotion organisation.

Breaking the Ice <https://breakingtheice.org.au/> is a free, confidential, self-guided online intervention program for people who are using crystal methamphetamine (ice).

Quit Line:

<https://www.quit.org.au/Resources> T: 137848

Support Groups

Alcoholics Anonymous <https://www.aa.org.au/> T: 1300 222 222

AA is an informal society of members who meet in locally based groups and online. The stated primary purpose is to stay sober and help other to achieve sobriety.

Narcotics Anonymous <https://www.na.org.au/> T: 1300652820

NA is a non-profit fellowship for whom drugs had become a major problem and are seeking sobriety.

Smart Recovery <https://smartrecoveryaustralia.com.au>

Evidence based addiction support program.